



KARUTHAL

Introduction

‘**Karuthal**’ is a colony adoption project undertaken by Cochin Arts and Science College that exemplifies the institution's commitment to community welfare and social responsibility. It is initiated in the year 2019 and the project focuses on uplifting the Chakothumbala colony, a nearby settlement, by addressing various aspects of their well-being and development.

Objectives

- To improve the overall health and well-being of the residents of Chakothumbala colony.
- To provide educational and career opportunities to the youth of the colony.
- To enhance the socio-economic status of the community through various initiatives.

Activities Implemented

The project has undertaken several activities since its inception, aimed at addressing the different needs of the community.

Medical Camp: Regular medical camps have been organised to provide healthcare services to the residents. These camps offer free medical check-ups, consultations, and the distribution of medicines, thereby addressing healthcare needs within the community.

Food Kit Distribution: To alleviate food insecurity, food kits comprising essential commodities are distributed among the residents periodically. This ensures access to nutritious food for families facing economic challenges.

Gift Baskets at Festivities: During festivals and special occasions, gift baskets are distributed to the residents as a gesture of solidarity and celebration. This initiative fosters a sense of belonging and community spirit among the residents.

Career Opportunities: CASC has taken proactive steps to provide career opportunities to members of the Chakothumbala colony. In line with this commitment, the college has successfully



recruited four female candidates based on their educational qualifications, thereby empowering them with employment opportunities and contributing to their socio-economic upliftment.

Free Education: Recognising the importance of education in breaking the cycle of poverty, free educational support is extended to children in the colony. This includes scholarships, access to educational resources, and ensuring that every child has the opportunity to pursue their academic aspirations.

Distribution of Organic Vegetables: One of the distinguishing features of this initiative is the sourcing of organic vegetables cultivated within the college premises by our students. This initiative fosters a sense of pride and ownership among both students and residents alike. Students witness firsthand the impact of their efforts in nurturing and harvesting organic vegetables as a part of *the Jaivam* project at Cochin Arts and Science College, while residents benefit from access to fresh, locally sourced produce that is both environmentally friendly and socially responsible.

Water Quality Test Campaign: Ensuring access to clean and safe drinking water is essential for the health and well-being of any community. Water Quality Testing Campaign, initiated by CASC as part of the Karuthal Colony Adoption Project, aims to assess and improve the quality of water available to the residents of Chakotheumala colony. It helps to evaluate the quality of water sources within the colony, identify any potential contaminants or pollutants in the water supply, and raise awareness among residents about the importance of water quality and its impact on health.

Appreciation: CASC has received a Certificate of Appreciation from the Rotary Club of Kochi Suburbs and JCI Kakkanad for its efforts in community development and social responsibility, including fostering humanitarian qualities, recruiting housekeeping staff, and adopting the Chakotheumala Colony, which have positively impacted attitudes and values among the college community.



The Karuthal Colony Adoption Project has had a significant impact on the Chakothumbala colony, and its residents' improved access to healthcare services has led to better health outcomes and reduced medical expenses for the community. Food kit distribution has addressed food insecurity issues, ensuring that families have access to adequate nutrition. The provision of educational Opportunities have empowered the youth, opening up avenues for personal and professional growth. The distribution of organic vegetables promotes sustainable living practices and contributes to the overall well-being of the residents.

Future Goals

Moving forward, the project aims to:

- Expand its outreach and impact within the colony by introducing new initiatives.
- Foster partnerships with other organisations and stakeholders to enhance programme sustainability.
- Conduct regular assessments to evaluate the effectiveness of ongoing activities and identify areas for improvement.
- Continuously engage with the community to ensure their active participation and feedback in project planning and implementation.

Conclusion

The Karuthal Colony Adoption Project by Cochin Arts and Science College stands as a testament to the institution's commitment to social responsibility and community development. Through a holistic approach encompassing healthcare, education, livelihood, and environmental sustainability, the project strives to create a positive impact and improve the quality of life for the residents of Chakothumbala colony.



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Photographs of the project KARUTHAL





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APPOINTED UNDER THE SCHEME - KARUTHAL



Name and Address	Post of appointments	Photo
Priya Balan Kollamkudi (H) Kumarapuram p.o Chakothumbala mob: 6238605864	Housekeeping	



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